

# December 2021

## Senior Center Activities

Monday	Tuesday	Wednesday	Thursday	Friday
 <p>City of Roanoke            PARC-Community/Senior Center            312 S. Walnut Street            Roanoke, Texas 76262            Telephone: 817-491-6060            Email: CommunityCenterInfo@roanoketexas.com</p>		1 <b>12PM MMOW</b>	2 9AM Essentrics Stretch & Tone 10AM Absolute Line Dancing 1PM Embroidered Greeting Cards 7-9PM Pickin&Grinnin'	3 9-9:50AM Total Fit
6 9AM Tai Chi 9AM-12PM Hand & Foot	7 9:15-9:50AM Total Fit 12:30-3:30PM Party Bridge	8 <b>12PM MMOW/BINGO</b>	9 9AM Essentrics Stretch & Tone 10AM Absolute Line Dancing 12:30PM Contract Bridge 1PM Embroidered Greeting Cards 7-9PM Pickin&Grinnin'	10 9-9:50AM Total Fit
13 9AM Tai Chi 9AM-12PM Hand & Foot	14 9:15-9:50AM Total Fit 12:30-3:30PM Party Bridge	15 <b>12-3PM MMOW</b>	16 9AM Essentrics Stretch & Tone 10AM Absolute Line Dancing 1PM Embroidered Greeting Cards 7-9PM Pickin&Grinnin'	17 9-9:50AM Total Fit
20 9AM Tai Chi 9AM-12PM Hand & Foot <b>11:30AM Watercolor Doodle</b>	21 9:15-9:50AM Total Fit 12:30-3:30PM Party Bridge	22 <b>12-3PM MMOW/BINGO</b>	23/24 <b>CITY HOLIDAY</b> <b>Thursday 23rd</b> <b>Friday 24th</b> 	
27 9AM Tai Chi 9AM-12PM Hand & Foot	28 9:15-9:50AM Total Fit 12:30-3:30PM Party Bridge	29 <b>NO MMOW</b> <b>LUNCHEON</b>	30 9AM Essentrics Stretch & Tone 10AM Absolute Line Dancing 12:30PM Contract Bridge 1PM Embroidered Greeting Cards 7-9PM Pickin&Grinnin'	31 <b>CITY</b> <b>HOLIDAY</b>